

Post	Mileage	Directions
1	0.00	HEAD NORTH from 118 Canfield Street
2	0.07	At the end, TURN LEFT onto Barson Street
3	0.26	At the end, climb the dirt path or stairs, then TURN LEFT on Laurel Street
4	0.45	TURN RIGHT on Pacific Avenue (2nd RIGHT after crossing the bridge)
5	0.90	TURN LEFT on Locust Street (when Pacific becomes one-way the wrong way)
6	0.94	TURN RIGHT into the first driveway/alley
7	0.98	At the end of the alley, TURN LEFT then an immediate RIGHT into the parking lot (not the garage), cut diagonally across the parking lot
8	1.00	TURN RIGHT onto Cedar Street (exiting lot), then an immediate RIGHT onto Center Street (at stop sign)
9	1.04	At the traffic light at the end, TURN LEFT onto Mission Street.
10	1.17	At the top of the hill, TURN RIGHT onto Emmett Street (1st RIGHT)
11	1.30	At the end, TURN LEFT onto High Street
12	1.47	At the end, TURN LEFT onto the spiral ramp to the pedestrian bridge, cross the bridge and continue on High Street
13	1.54	At the stop sign, TURN RIGHT onto Highland Avenue (2nd RIGHT after pedestrian overpass)
14	1.87	At the top of the climb up Highland, after the road widens, is the first MANDATORY STOP. We regroup by waiting for all riders at each MANDATORY STOP.
15	2.05	At the second right after the rest stop, TURN RIGHT on Sheldon Avenue
16	2.21	At the end, TURN LEFT on Meadow Road
17	2.30	At the end, TURN RIGHT on Spring Street
18	2.50	At the end of Spring Street, cross the first fence into the greenbelt. Then TURN LEFT, cross the second fence, TURN RIGHT and climb the dirt path
19	2.78	MANDATORY STOP at the top of the dirt path, then TURN RIGHT onto Glenn Coolidge Drive (Heart Attack Hill)
20	4.00	TURN RIGHT on Merrill Road (sign says "Merrill College", this is your first right turn)
21	4.10	At the top of the climb, TURN LEFT (at the first opportunity to turn)
22	4.14	MANDATORY STOP at the end of the circle (by the bollards and the USPS mailbox), then follow the group through the building breezeway. Alternatively, TURN RIGHT onto Crown Road. Water and part-time restrooms nearby.
23	4.35	At the second stop sign, TURN RIGHT onto Chinquapin Road
24	4.42	At the first stop sign, past the Fire Station, TURN LEFT into the parking lot
25	4.44	TURN RIGHT at the far side of the parking lot, around the gate, and climb the steep fire road
26	4.55	MANDATORY STOP at the top of the hill, then CONTINUE STRAIGHT ahead and slightly left on the fire road
27	5.50	MANDATORY STOP at the water tanks, then CONTINUE STRAIGHT ahead
28	6.44	CONTINUE STRAIGHT. The entrance to the Russian Women's Trail (optional technical single track). If unfamiliar, not recommended solo. This map does not cover required navigation (trail depicted on map in red, adds 0.25 miles).
29	6.71	CROSS Empire Grade Road and continue on the fire road on the far side
30	6.97	BEAR LEFT to remain on the fire road (do not confuse with singletrack which forks to the right)
31	7.16	MANDATORY STOP where the fire road forks. There are two ride options that diverge here. Not mandatory if Option #1 is agreed to ahead of time. MANDATORY STOP if the ride option is not discussed OR Option #2 is selected

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		Option #1: Traditional Ride. BEAR RIGHT to stay on Chinquapin Trail and follow the BLUE directions below
		Option #2: Longmeadow Decent (slightly shorter). BEAR LEFT onto Long Meadow Trail and follow the GREEN directions below (Mileages after Post 36 will be too high by 0.75 miles). This option includes a mile of non-technical singletrack.
32	8.12	When the road ends at a "T" by the picnic tables, MANDATORY STOP, then TURN RIGHT onto Eucalyptus Loop (as viewed facing the ocean, it is really a left turn as you exit the picnic area)
33	9.49	After the fire road turns to asphalt, TURN LEFT onto Wilder Ranch Loop.
34	10.61	MANDATORY STOP, TURN RIGHT before Wilder Ranch Loop swings left and down a hill. As you approach, it will look like you have two options, a left or right turn. The fire road goes left, but make a right turn onto a dirt road and you should immediately (under 50ft) see a park bench and an overlook. After the rest, backtrack and continue down Wilder Ranch Loop.
35	12.37	HARD 180° TURN to the RIGHT to ride by the horse corrals
1A	9.16	MANDATORY STOP, after a 2 mile decent, there is a short climb and a plateau. STOP after the climb.
2A	9.42	TURN RIGHT at the bottom of the short downhill to remain on the fire road
3A	9.52	At the four-way intersection with Englesman Loop Trail CONTINUE STRAIGHT
4A	9.81	RIGHT TURN when the road ends onto wide singletrack, followed in 20 feet by a LEFT TURN onto Englesman Loop Reroute singletrack
5A	10.72	RIGHT TURN at the end of the singletrack back onto Englesman Loop Trail
6A	11.55	CROSS THE BRIDGE then BEAR LEFT. At the horse corral, BEAR RIGHT to pass with the corral on your left
36	12.70	After you cross under the freeway, MANDATORY STOP at the picnic tables. Water and restrooms nearby. After the stop, CONTINUE THROUGH the visitors' center.
37	12.80	At the end, TURN LEFT onto Coast Road
38	13.11	At the end, TURN LEFT through the cattle gate
39	13.12	At the bike path, TURN RIGHT onto the Wilder Ranch Bike/Pedestrian Path (paved).
40	13.80	At the end of the bike path, TURN RIGHT onto Shaffer Road
41	14.30	MANDATORY STOP after crossing the railroad tracks at the end of Shaffer Road, then continue on Shaffer Road
42	14.53	At the end, TURN LEFT into Delaware Avenue
43	14.86	TURN RIGHT through the gate into the Natural Bridges State Park (This is your first right, not counting a small residential street which is adjacent to Shaffer; the Park entrance is a paved road with a gate across it.)
44	15.41	At the stop sign, after exiting the park onto Westcliff Drive, take the wheelchair ramp RIGHT onto the Westcliff Cycleway
45	17.49	MANDATORY STOP at the Santa Cruz Lighthouse, then CONTINUE on the Westcliff Cycleway (which becomes a bike lane called the Beach Cycleway as you near the Municipal Wharf).
46	18.91	After the roller coaster, ENTER THE PARKING LOT at the end of the Beach Cycleway, ride straight through the lot and TURN LEFT onto the river levee (the South Levee Cycleway).
47	19.31	At the first cross street, TURN RIGHT onto Riverside Avenue. Recommend riding in the bike lane outside of the pedestrian barrier across the bridge, as it makes the subsequent turns easier
48	19.41	After crossing the bridge, TURN RIGHT onto San Lorenzo Blvd
49	19.56	At the first street, TURN LEFT onto Canfield Street - USE CAUTION FOR THROUGH TRAFFIC VEHICLES
END	19.62	



